

THE APOSTOLIC VICARIATE OF NORTHERN ARABIA LITURGICAL CALENDAR 2018 - 2019



LITURGICAL CALENDAR

2018 - 2019

The Holy Eucharist is the summit, both of the action by which God sanctifies the world in Christ and of the worship that the human race offers to the Father, adoring him through Christ, the Son of God, in the Holy Spirit. (General Instruction of the Roman Missal)



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5. LITURGICAL CALENDAR (Dec 2018 to Nov 2019)

	December		6	June		18
	January		8	July		20
	February		10	August		22
	March		12	September		24
	April		14	October		26
	May		16	November		28
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INSTRUCTIONS FOR USE

1. THE LITURGICAL CALENDAR IS MEANT TO SUPPLEMENT THE LITURGICAL ORDO THAT IS USED IN THE PARISHES OF OUR VICARIATE (AVONA), FOR CONSULTATION ON OBLIGATORY CELEBRATIONS AND THOSE PROPER TO THE VICARIATE.

2. ON FRIDAYS (MORNING AND EVENING) AND SATURDAYS (EVENING ONLY), MASS IS THAT OF THE FOLLOWING SUNDAY, UNLESS OTHERWISE NOTED IN THE CALENDAR.

3. WHERE APPLICABLE, ON SATURDAY MORNING, MASS OF THE DAY IS CELEBRATED.

4. FOR REGULATIONS CONCERNING FAST AND ABSTINENCE, HOLY DAYS OF OBLIGATIONS, ETC, SEE PAGES 30 AND 31.

5. THE MONTHLY DEDICATION AND PAPAL PRAYER INTENTIONS HAVE BEEN ADDED AS AN AID TO PERSONAL PRAYER.

6. THE APPENDICES IN THE BOOKLET ARE MEANT FOR YOUR REFERENCE ONLY.



UNIVERSAL CHURCH CELEBRATIONS - 2019

Sales.

Below is a list of commemorative days observed in the Universal Church to raise awareness of a particular issue, commemorate an event, or celebrate something. Please follow the links for more information about the event.

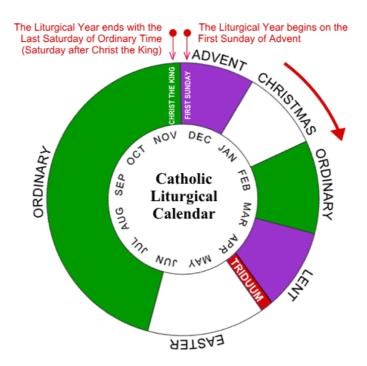
Jan 1	World Day of Peace
Jan 18 – Jan 25	Week of Prayer for Christian Unity
Jan 22 – Jan 27	34 th International World Youth Day (Panama)
Feb 2	World Day for Consecrated Life
Feb 8	International Day of Prayer and Awareness Against Human Trafficking
Feb 10	World Marriage Day
Feb 11	27th World Day of the Sick
May 12	56th World Day of Prayer for Vocations
June 2	53rd World Communications Day
June 28	World Day of Prayer for the Sanctification of Priests
July 14	<u>Sea Sunday</u>
Sept 1	World Day of Prayer for the Care of Creation
Sept 29	105th World Day of Migrants and Refugees
October	Extraordinary Missionary Month
Oct 20	World Mission Sunday
Nov 17	<u>3rd World Day of the Poor</u>

ాషిహా THE LITURGICAL YEAR నెక్ట్రెఫ్

The Liturgical Year is the year-long unfolding of the whole "mystery of Christ", made special by the Seasons (cycles of celebration) during the year. The Church through her public worship recalls and celebrates these mysteries, dispensing to her members the treasure of Christ's merits, so that these are made present at all times. [See also: Pgs 31, 32]

The Liturgical Year begins on the first Sunday of Advent, which usually occurs around the end of November/ beginning of December and runs through to the Solemnity of Our Lord Jesus Christ King of the Universe.

GRAPHIC REPRESENTATION OF THE LITURGICAL YEAR





PRINCIPAL CELEBRATIONS OF THE LITURGICAL YEAR 2018 - 2019

Sales.

First Sunday of Advent	December 2, 2018
Ash Wednesday	March 6, 2019
Easter Sunday	April 21, 2019
The Ascension of the Lord	June 2, 2019
Pentecost Sunday	June 9, 2019
The Most Holy Body and Blood of Christ	June 23, 2019
Jesus Christ King of the Universe	November 24, 2019

CYCLES — LECTIONARY FOR MASS		
Sunday Cycle	YEAR C	
Weekday Cycle	YEAR I	

LITURGICAL COLORS — SEASONS OF THE YEAR			
White - Purity, Joy, Triumph, Glory	Christmas, Easter		
Red - God's Love, Martyrdom	Triduum		
Green - Life, Eternal Hope	Ordinary Time		
Violet - Penance, Humility	Advent, Lent		
Rose - Joy, Anticipation	Gaudete / Laetare Sunday		

In Year "C", the Church meditates on the Gospel of Luke and uses it for most of the Sunday Readings. The two books that have traditionally been ascribed to St. Luke are the Gospel according to St. Luke and the Acts of the Apostles. DECEMBER 2018

Stables

1	Sat	Vespers I, 1 st SUN of Adv.,
-	Jac	Psalter Week 1 Divine Office Vol I / */**
2	Sun	First Sunday of Advent / * / **
3	Mon	St. Francis Xavier, memorial
4	Tue	St. John Damascene, memorial
8	Sat	THE IMMACULATE CONCEPTION, Solemnity
		Vespers I of 2 Sunday
9	Sun	Second Sunday of Advent, Psalter Week 2
11	Tue	St. Damasus I, memorial
12	Wed	Our Lady of Guadalupe, memorial
13	Thu	St. Lucy, memorial
16	Sun	Third Sunday of Advent, Psalter Week 3
22	Sat	Vespers I of the 4 th Sunday of Advent, Psalter Week 4
23	Sun	Fourth Sunday of Advent
24	Mon	Vespers I of the solemnity
25	Tue	CHRISTMAS, Solemnity, Holy Day of Obligation
26	Wed	St. Stephen, Protomartyr, <i>feast</i>
27	Thu	St. John, Apostle and Evangelist, feast
29	Sat	Vespers I of tomorrow's feast
30	Sun	The Holy Family of Jesus, Mary and Joseph, feast,
		Psalter Week 1
31	Mon	St. Sylvester I, Pope, memorial

* The Apostles' Creed is said. ** Year "C". Lectionary Year I.

DECEMBER IS DEDICATED TO:

The Immaculate Conception.

HOLY FATHER'S PRAYER INTENTIONS FOR DECEMBER 2018 -

EVANGELIZATION: In the Service of the Transmission of Faith

That people, who are involved in the service and transmission of faith, may find, in their dialogue with culture, a language suited to the conditions of the present time.

DECEMBER 2018: FOCUS OF THE LITURGY -

FIRST SUNDAY OF ADVENT

Jer 33:14-16; Ps 25:4-5,8-10,14; 1 Thes 3:12-4:2; Lk 21:25-28, 34-36

Jesus is the "just shoot" promised to David. Today's Gospel exhorts us to look forward to Christ's Second Coming, confident that our "redemption is near."

THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY

Gen 3:9-15, 20; Ps 98:1-4; Eph 1:3-6, 11-12; Lk 1:26-38

The Angel's greeting points to Mary as God's favored one! Graced from the moment of her conception, she is the sinless mother of His only-begotten Son.

SECOND SUNDAY OF ADVENT

Bar 5:1-9; Ps 126:1-6; Phil 1:4-6,8-11; Lk 3:1-6

Each of us is like Israel in her exile: led into captivity by our sinfulness, in need of restoration and conversion. John is seen as preparing the way, not only for a new redemption of Israel, but for the salvation of all humanity.

THIRD SUNDAY OF ADVENT: GAUDETE (REJOICE!) SUNDAY

Zeph 3:14-18; Is 12:2-6; Phil 4:4-7; Lk 3:10-18

The people are filled with expectation for the Messiah. This theme of joy resounds: Rejoice! The Lord is near.

FOURTH SUNDAY OF ADVENT

Mic 5:1-4; Ps 80:2-3,15-16,18-19; Heb 10:5-10; Lk 1:39-45

The Sunday before Christmas, the Church's Liturgy reveals the true identity of our Redeemer. John recognizes this when he leaps for joy in his mother's womb. Elizabeth, filled with joy and the Holy Spirit, blesses Mary.

CHRISTMAS

Is 52:7-10; Ps 98:1, 2-3, 3-4, 5-6; Heb 1:1-6; Jn 1:1-18

And the Word became flesh and made His dwelling among us. To those who did accept Him and believe in His name, He gave power to become children of God, born not by human choice but of God.

THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

1 Sm 1:20-22, 24-28; Ps 83:2-3, 5-6, 9-10; 1 Jn 3:1-2, 21-24; Lk 2:41-52

In the Holy Family of Jesus, Mary and Joseph, God reveals our true home. We are to live as His children, "chosen ones, holy and beloved." The Temple in the Gospel is God's house, but it's also an image of the family of God, the Church.

JANUARY 2019

Sales.

1	Tue	MARY, MOTHER OF GOD, Solemnity. World Day of Peace
2	Wed	SS. Basil the Great & Gregory Nazianzen, memorial
3	Thu	The Most Holy Name of Jesus, memorial
5	Sat	Vespers I of the Epiphany. / Collect. For Holy Childhood
6	Sun	EPIPHANY OF THE LORD, Solemnity / Collect. for Holy Childhood
7	Mon	Psalter Week 2
13	Sun	The Baptism of the Lord, feast
14	Mon	1 st Week Ordinary Time, Psalter Week 1
17	Thu	St. Anthony, Abbot, memorial
18	Fri	OUR LADY OF ARABIA, Patroness of our Vicariate, Solemnity
19	Sat	OUR LADY OF ARABIA, Patroness of our Vicariate, Solemnity
20	Sun	OUR LADY OF ARABIA, Patroness of our Vicariate, Solemnity
21	Mon	St. Agnes, Virgin and Martyr, memorial, Psalter Week 2
24	Thu	St. Francis de Sales, memorial
27	Sun	3rd Sunday of Ordinary Time, Psalter Week 3
28	Mon	St. Thomas Aquinas, memorial
31	Thu	St. John Bosco, Priest, memorial

* The Nicene Creed is said.

JANUARY IS DEDICATED TO:

The Divine Infancy and The Holy Name of Jesus.

HOLY FATHER'S PRAYER INTENTIONS FOR JANUARY 2019 -

EVANGELIZATION: That young people, especially in Latin America, follow the example of Mary and respond to the call of the Lord to communicate the joy of the Gospel to the world.

JANUARY 2019: FOCUS OF THE LITURGY -

MARY, MOTHER OF GOD

Num 6:22-27; Ps 67:2-3, 5, 6, 8; Gal 4:4-7; Lk 2:16-21

Shepherds hear the Word of God from Angels and begin to tell it to everyone. Mary does not capture the full significance of God's action in Jesus immediately. Her journey of faith makes her the model believer.

THE EPIPHANY OF THE LORD

Is 60:1-6; Ps 72:1-2,7-8,10-13; Eph 3:2-3,5-6; Mt 2:1-12

The Magi's pilgrimage in today's Gospel marks the fulfillment of God's promises, that the Messiah will be from the line of David, the other predicting a ruler of Israel who will shepherd His flock and whose greatness shall reach to the ends of the earth.

THE BAPTISM OF THE LORD

Is 40:1-5, 9-11; Ps 29:1-4, 9-10; Ti 2:11-14; 3:4-7; Lk 3:15-16, 21-22

In Jesus all peoples have been made co-heirs to the blessings promised to Israel. Jesus is the chosen servant, Isaiah prophesies, "one anointed" with God's Spirit. He is confirmed as "the Son of the Most High" by God Himself.

SOLEMNITY OF OUR LADY OF ARABIA

Zeph 3: 14-18; Is 12: 2-6; Gal 4: 4-7; Lk 1: 39-56

Through the intercession of the Virgin Mary, Our Lady of Arabia, we pray that the Church in the Gulf and throughout the world may courageously proclaim God's love for all men and women, so that mankind may find in Him, the Creator and Father of all and the joy of newness of life. (Opening Prayer)

3RD SUNDAY OF ORDINARY TIME

Neh 8:2-6,10; Ps 19:8-10,15; 1 Cor 12:12-30; Lk 1:1-4, 4:14-21

Like Ezra, Jesus is handed a scroll, unrolls it, then reads and interprets it. He, too, proclaims a great year of Jubilee, a deliverance from slavery to sin; a release from the debts we owe to God.



Stables

2	Sat	Presentation of the Lord, feast, World Day of Consecrated Life
3	Sun	4 th Sunday of Ordinary Time, Psalter Week 4
5	Tue	St. Agatha, Virgin and Martyr, memorial
6	Wed	SS. Paul Miki and Companions, Martyrs, memorial
9	Sat	Saturday Mass of Our Lady. St. Maroun, memorial
10	Sun	5 th Sunday of Ordinary Time, Psalter Week 1
11	Mon	CLERGY MEETING
12	Tue	CLERGY MEETING
13	Wed	CLERGY MEETING
14	Thu	CLERGY MEETING
17	Sun	6 th Sunday of Ordinary Time, Psalter Week 2
23	Sat	St. Polycarp, Bishop and Martyr, memorial
24	Sun	7 th Sunday of Ordinary Time, Psalter Week 3
28	Thu	Retirement of Pope Benedict XVI

FEBRUARY IS DEDICATED TO:

The Holy Family and The Holy Trinity.

HOLY FATHER'S PRAYER INTENTIONS FOR FEBRUARY 2019 -

<u>UNIVERSAL</u>: For a generous welcome of the victims of human trafficking, of enforced prostitution, and of violence.

FEBRUARY 2019: FOCUS OF THE LITURGY -

THE PRESENTATION OF THE LORD

Mal 3:1-4; Ps 24:7-10; Heb 2:14-18; Lk 2:22-40 / 2:22-32

Jerusalem is about to receive "The Lord of hosts, the King of glory." Christ arrives as the long-awaited Priest and Redeemer.

4TH SUNDAY OF ORDINARY TIME

Jer 1:4-5,17-19; Ps 71: 1-6,15-17; 1 Cor 12:31-13:13; Lk 4:21-30

Like the prophets before Him, Jesus, too, faces hostility. The crowd in His home-town demand a sign as proof of His divine origin, and the sign that Jesus gives them is that of the prophets Elijah and Elisha.

5TH SUNDAY OF ORDINARY TIME

Is 6:1-8; Ps 138:1-5, 7-8; 1 Cor 15:1-11; Lk 5:1-11

Simon Peter is the first to be called personally by Jesus. God's Word comes to us as it came to Peter, Paul, Isaiah, and today's Psalmist— as a personal call to leave everything and follow Him.

6TH SUNDAY OF ORDINARY TIME

Jer 17:5-8; Ps 1:1-4,6; 1Cor 15:12, 16-20; Lk 6:17, 20-26

Jesus teaches the crowd the way to happiness. Those who are poor, hungry, weeping, or persecuted are called blessed. The Beatitudes are often described as a framework for Christian living. We are challenged to examine our lives in the context of the Kingdom of God.

7TH SUNDAY OF ORDINARY TIME

1 Sm 26:2, 7-9, 12-13, 22-23; Ps 103:1-4,8,10,12-13; 1 Cor 15:45-49; Lk 6:27-38

Jesus teaches His disciples to be merciful as God is merciful. He shows what it means to be a true disciple: Love one's enemies, turn the other cheek, give to those who ask, do unto others, lend without expecting repayment, judge not lest you be judged.



MARCH 2019

Siller

3	Sun	8 th Sunday of Ordinary Time, Psalter Week 4
6	Wed	Ash Wednesday / * /
10	Sun	1st Sunday of Lent, Psalter Week 1
13	Wed	6 th anniversary of the election of Pope Francis
17	Sun	2 nd Sunday of Lent, Psalter Week 2
18	Mon	Vespers I of St. Joseph
19	Tue	St. JOSEPH, solemnity. Vespers II of the solemnity
24	Sun	3rd Sunday of Lent , <i>Psalter Week 3.</i>
		Vespers II of the 3 rd Sunday
25	Mon	The Annunciation of the Lord, solemnity
31	Sun	4 th Sunday of Lent, Psalter Week 4

*The Apostles' Creed is said.

MARCH IS DEDICATED TO:

Saint Joseph - Spouse of the Blessed Virgin Mary; Foster Father of Jesus.

HOLY FATHER'S PRAYER INTENTIONS FOR MARCH 2019 -

EVANGELIZATION: That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

MARCH 2019: FOCUS OF THE LITURGY -

8TH SUNDAY OF ORDINARY TIME

Sir 27:4-7; Ps 92:2,3,13-16; 1 Cor 15:54-58; Lk 6:39-45

A tree is known by its fruit. A good person does good, not so an evil person.

ASH WEDNESDAY

JI 2:12-18; Ps 51:3-4, 5-6ab, 12-13, 14 and 17; 2 Cor 5:20-6:2; Mt 6:1-6, 16-18 The Lord invites us to return to Him whole-heartedly, with fasting, weeping and mourning. If today we hear His voice, let us not harden our hearts.

FIRST SUNDAY OF LENT

Deut 26:4-10; Ps 91:1-2,10-15; Rom 10:8-13; Lk 4:1-13

The forty days of Lent are a time of trial and purification. "Call upon me, and I will answer," the Lord promises in today's Psalm and Epistle.

SECOND SUNDAY OF LENT

Gen 15:5-12, 17-18; Ps 27:1,7-9, 13-14; Phil 3:17-4:1; Lk 9:28-36

We go up to the mountain with Peter, John and James. There we see Jesus "transfigured". Again we hear the Father's voice: "Listen to Him."

SOLEMNITY OF ST. JOSEPH

2 Sam 7: 4-5, 12-14, 16; Ps 89; Rom 4: 13, 16-18, 22; Mt 1: 16, 18-21, 24

St. Matthew presents the familiar account of the tradesman Joseph and his marriage to a young girl and the Angel's command to him in a dream.

THIRD SUNDAY OF LENT

Ex 3:1-8,13-15; Ps 103:1-4, 6-8, 11; 1 Cor 10:1-6, 10-12; Lk 13:1-9

As the fig tree is given one last season to produce fruit before it is cut down, so too Jesus is giving Israel one final opportunity to bear good fruits.

THE ANNUNCIATION OF THE LORD

Is 7:10-14, 8:10; Ps 40; Heb 10:4-10; Lk 1:26-38

God directly intervenes in human life and destiny by His conception in the womb of the Virgin Mary.

FOURTH SUNDAY OF LENT: LAETARE (REJOICE!) SUNDAY

Jos 5:9-12; Ps 34:2-7; 2 Cor 5:17-21; Lk 15:1-3, 11-32

Like the father in today's Gospel, God longs to share His life with us, to tell us: "Everything I have is yours."



APRIL 2019

XXX

7	Sun	5 th Sunday of Lent, Psalter Week 1
14	Sun	PALM SUNDAY OF THE PASSION OF THE LORD,
		Psalter Week II
15	Mon	Monday of Holy Week
16	Tue	Tuesday of Holy Week Chrism Mass in Kuwait
17	Wed	Wednesday of Holy Week
18	Thu	Holy Thursday
19	Fri	Good Friday of the Passion of the Lord / */
20	Sat	Holy Saturday
21	Sun	EASTER SUNDAY OF THE RESURRECTION OF THE LORD
22	Mon	Monday within octave of Easter
23	Tue	Tuesday within octave of Easter
24	Wed	Wednesday within octave of Easter
25	Thu	Thursday within octave of Easter
26	Fri	2 nd Sunday of Easter (Divine Mercy Sunday)
27	Sat	Saturday within octave of Easter
28	Sun	2 nd Sunday of Easter (or of Divine Mercy), <i>Psalter Week II</i>
29	Mon	St. Catharine of Siena, memorial
30	Tue	St. Pius V, Pope, memorial

NB: Collection of Good Friday is for the Holy Land

APRIL IS DEDICATED TO:

The Holy Eucharist and The Holy Spirit.

HOLY FATHER'S PRAYER INTENTIONS FOR APRIL 2019 -

UNIVERSAL: For doctors and their humanitarian collaborators in war zones, who risk their lives to save the lives of others.

APRIL 2019: FOCUS OF THE LITURGY -

FIFTH SUNDAY OF LENT

Is 43:16-21; Ps 126:1-6; Phil 3:8-14; Jn 8:1-11

Like the adulterous woman in today's Gospel, all have been spared by the Lord's compassion. All have heard His words of forgiveness, His urging to repentance, to be sinners no more.

PALM SUNDAY

Is 50:4-7; Ps 22:8-9, 17-20, 23-24; Phil 2:6-11; Lk 22:14--23:56

We have reached the climax of salvation history. In His Passion, Jesus is revealed as the Suffering Servant. He remains faithful to God's will to the end. He gives Himself freely to His torturers; confident that the Lord God is His help....He shall not be put to shame.

PASCHAL TRIDUUM

Though chronologically three days, they are liturgically one day unfolding for us the unity of Christ's Paschal Mystery. The liturgical services that take place during the Triduum are:

Mass of the Lord's Supper Good Friday of the Lord's Passion Mass of the Resurrection of the Lord

EASTER SUNDAY

Acts 10:34, 37-43; Ps 118:1-2, 16-17, 22-23; Col 3:1-4; Jn 20:1-9

Today's Gospel tells us that Peter and John "saw and believed." Chosen to be His witnesses, the Apostles were commissioned to preach and testify to all that they had seen - from His anointing with the Holy Spirit at the Jordan to the empty tomb.

SECOND SUNDAY OF EASTER [Divine Mercy Sunday]

Acts 5:12-16; Ps 118:2-4,13-15, 22-24; Rev 1:9-13,17-19; Jn 20:19-31

John is taken to heaven in today's Second Reading where he sees Daniel's prophecy fulfilled in Jesus, who appears as "One like a Son of Man." His risen Body has been made a life-giving Spirit. Jesus pours out that Spirit on the Apostles. Today's Gospel tells about Thomas who "saw and believed", but also offers the fullness of life to others who don't have his privileged vision.



1	Wed	St. Joseph the Worker, memorial
2	Thu	St. Athanasius, Bishop and Doctor, memorial
5	Sun	3 rd Sunday of Easter, Psalter 3
12	Sun	4 th Sunday of Easter, Psalter 4
13	Mon	Our Lady of Fatima, memorial
14	Tue	St. Matthias, Apostle, feast
19	Sun	5 th Sunday of Easter, Psalter Week 1
20	Mon	St. Bernardine of Siena, Priest, memorial
22	Wed	St. Rita of Cascia, religious, memorial
25	Sat	St. Bede the Venerable, Priest and Doctor, St. Gregory VII, Pope
26	Sun	6 th Sunday of Easter, Psalter Week 2
31	Fri	Ascension of the Lord, solemnity

MAY IS DEDICATED TO:

The Blessed Virgin Mary.

HOLY FATHER'S PRAYER INTENTIONS FOR MAY 2019 -

EVANGELIZATION: That the Church in Africa, through the commitment of its members, may be the seed of unity among her peoples and a sign of hope for this continent.

MAY 2019: FOCUS OF THE LITURGY -

THIRD SUNDAY OF EASTER

Acts 5:27-32, 40-41; Ps 30:2, 4-6, 11-13; Rev 5:11-14; Jn 21:1-19

The scene of today's Gospel Reading is Peter's repentance, as three times Jesus asks him to make a profession of love. Jesus' thrice repeated command "feed My sheep" shows that Peter is being appointed as the shepherd of the Lord's entire flock, the head of His Church.

FOURTH SUNDAY OF EASTER

Acts 13:14, 43-52; Ps 100:1-3, 5; Rev 7:9, 14-17; Jn 10:27-30

Today is known as Good Shepherd Sunday. Through the Church, the peoples of every land hear the Shepherd's voice, and follow Him. Jesus the Good Shepherd knows us, provides for us and loves us. In today's joyful Psalm, we sing: It is He who has made us. We are His people, the sheep of His pasture.

FIFTH SUNDAY OF EASTER

Acts 14:21-27; Ps 145:8-13; Rev 21:1-5; Jn 13:31-35

The doors of God's Kingdom have been opened to all who have faith, Jew or Gentile. With the coming of the Church, God is "making all things new." Jesus commands us to love one another with a supernatural love. By our love all peoples will know that we are His people, that He is our God.

SIXTH SUNDAY OF EASTER

Acts 15:1-2, 22-29; Ps 67:2-3, 5-6, 8; Rev 21:10-14, 22-23; Jn 14:23-29

The first Church council, the Council of Jerusalem decided the shape of the Church as we know it. The Church is One, Holy, Catholic and Apostolic. And we see the Spirit guiding the Apostles in all truth. Everybody, including Paul, looks to Jerusalem [and] ...the Apostles to decide the Church's true teaching.

THE ASCENSION OF THE LORD

Acts 1:1-11; Ps 47; Heb 9:24-28; 10:19-23; Lk 24:46-53

Christ's visible return to heaven assures us that the One who suffered and died for us sits at the right hand of the Father "on our behalf". The time of His return is unknown, thus, we need to be ready at every moment. Jesus left behind His Church, the Holy Spirit, and a mission to proclaim His message to the ends of the earth.



JUNE 2019

Sales.

1	Sat	St. Justin, Martyr, memorial			
2	Sun	Ascension of the Lord, solemnity, Psalter Week 3			
3	Mon	SS. Charles Lwanga and Companions, Martyrs, memorial			
5	Wed	St. Boniface, Bishop and Martyr, memorial			
6	Thu	St. Norbert, Bishop, <i>memorial</i>			
9	Sun	PENTECOST SUNDAY			
10	Mon	Our Lady, Mother of the Church, mem., 10 th Ord. Time, Wk 2			
11	Tue	St. Barnabas, Apostle, memorial			
13	Thu	St. Anthony of Padua, Priest and Doctor, memorial			
16	Sun	The Most Holy Trinity or Trinity Sunday, solemnity, / * /			
17	Mon	11 th Week of Ordinary Time, Psalter Week 3			
19	Wed	St. Romuald, Abbot, memorial			
22	Sat	SS. John Fisher, Bishop, Thomas More, Martyrs, memorial			
23	Sun	Most Holy Body and Blood of Christ (Corpus Christi), solemnity			
24	Mon	THE NATIVITY OF ST. JOHN THE BAPTIST, Solemnity			
25	Tue	Twelfth Week of Ordinary Time, Psalter Week 4			
27	Thu	Our Lady of Perpetual Help, mem. Vesp I of the Sacred Heart			
28	Fri	Most Sacred Heart of Jesus, sol. Vespers II S. Heart / ** /			
29	Sat	SS. PETER and PAUL, Apostles. Solemnity / ** /			
30	Sun	13 th Sunday of Ordinary Time / ** /			

*The Nicene Creed is said.

** Peter's Pence collection for the Holy Father's works of charity

JUNE IS DEDICATED TO:

The Sacred Heart of Jesus.

HOLY FATHER'S PRAYER INTENTIONS FOR JUNE 2019 -

EVANGELIZATION: That priests, through the modesty and humility of their lives, commit themselves actively to a solidarity with those who are most poor.

JUNE 2019: FOCUS OF THE LITURGY -

PENTECOST SUNDAY

Acts 2:1-11; Ps 104:1,24,29-31,34; 1 Cor 12:3-7,12-13; Jn 20:19-23

The Holy Spirit empowers us to witness to Christ and to live as children of God, and to remind us of all that Christ taught.

OUR LADY, MOTHER OF THE CHURCH

Gn 3:9-15, 20 or Acts 1:12-14; Ps 86 (87): 1-3, 5-7; Jn 19:25-34

If we want to grow and to be filled with the love of God, it is necessary to plant our life firmly on three great realities: the Cross, the Eucharist, and the Mother of God.

THE MOST HOLY TRINITY

Prov 8:22-31; Ps 8:4-9; Rom 5:1-5; Jn 16:12-15

Today's Readings reveal the True Nature of the One and Triune God.

CORPUS CHRISTI

Gen 14:18-20; Ps 110:1-4; 1 Cor 11:23-26; Lk 9:11-17

Jesus transforms bread and wine, making it a sign of His Body and Blood.

THE NATIVITY OF ST. JOHN THE BAPTIST

Is 49:1-6; Ps 139:1-3, 13-14, 14-15; Acts 13:22-26; Lk 1:57-66, 80

His name is John. He shall be called a prophet of God, the Most High. He will go ahead of the Lord to prepare His ways before Him.

THE MOST SACRED HEART OF JESUS

Ez 34:11-16; Ps 23; Rom 5:5-11; Lk 15:3-7

God is portrayed as a loving Shepherd who never tires in search for those who stray from the fold.

SS. PETER AND PAUL

Acts 12:1-11; Ps 34; 2 Tim 4:6-8, 17-18; Mt 16:13-19

Peter and Paul are the two great witnesses chosen by Christ to play a major role in His plans for His Church.

13TH SUNDAY OF ORDINARY TIME

1 Kgs 19:16-21; Ps 16:1-2, 5, 7-11; Gal 5:1,13-18; Lk 9:51-62

The demands of discipleship can be radical. Neither care of self, care for the dead, nor care of one's family can come before the demands of discipleship.



JULY 2019

Staller

1	Mon	13 th Week of Ordinary Time. Psalter Week 1		
3	Wed	St. Thomas Apostle, feast		
4	Thu	St. Elizabeth of Portugal, memorial		
6	Sat	St. Maria Goretti, Virgin and Martyr, memorial		
7	Sun	14 th Sunday of Ordinary Time		
8	Mon	14 th Week of Ordinary Time, Psalter Week 2		
9	Tue	SS. Augustine Zhao Rong, Priest, and Companions, Martyrs		
11	Thu	St. Benedict, Abbot, <i>memorial</i>		
14	Sun	15 th Sunday of Ordinary Time		
15	Mon	St. Bonaventure, Bishop and Doctor, memorial, Psalter Wk 3		
16	Tue	Our Lady of Mount Carmel, memorial		
21	Sun	16 th Sunday of Ordinary Time		
22	Mon	St. Mary Magdalene, feast, Psalter Week 4		
23	Tue	St. Bridget of Sweden, religious, memorial		
24	Wed	St. Sharbel Makhlouf, memorial		
25	Thu	St. James, Apostle, feast		
28	Sun	17 th Sunday of Ordinary Time		
29	Mon	St. Martha, memorial, Psalter Week 1		
30	Tue	St. Peter Crysologus, Bishop and Doctor, memorial		
31	Wed	St. Ignatius of Loyola, Priest, memorial		

JULY IS DEDICATED TO:

The Most Precious Blood of Jesus.

HOLY FATHER'S PRAYER INTENTIONS FOR JULY 2019 -

<u>UNIVERSAL</u>: That those who administer justice may work with integrity, and that the injustice which prevails in the world may not have the last word.

JULY 2019: FOCUS OF THE LITURGY -

14TH SUNDAY OF ORDINARY TIME

Is 66:10-14; Ps 66:1-7,16,20; Gal 6:14-18; Lk 10:1-12, 17-20

The themes of exile, suffering, and God's proximity to those who suffer are the main topics of today's Readings. St. Paul rejoices in bearing his cross patiently for the salvation of souls and as proof of his own configuration with Christ.

15TH SUNDAY OF ORDINARY TIME

Deut 30:10-14; Ps 69; Col 1:15-20; Lk 10:25-37

We are to love God and our neighbor with all the strength of our being. The Samaritan in Jesus' parable reveals the boundless mercy of God. Like the Samaritan, Jesus heals the wounds of sin, pours out on us the oil and wine of the sacraments and entrusts us to the care of His Church, until He comes back for us.

16TH SUNDAY OF ORDINARY TIME

Gen 18:1-10; Ps 15:2-5; Col 1:24-28; Lk 10:38-42

As once He came to Abraham and Mary and Martha, Christ comes to us in Word and Sacrament. Our Lord comes to us, not to be served but to serve. He gave His life that we might know the one thing we need, the "better part" which is life in fellowship of God. Jesus' gentle rebuke to Martha reminds us that we can fall into the trap of missing the divine while pursuing the mundane.

17TH SUNDAY OF ORDINARY TIME

Gen 18:20-32; Ps 138:1-3, 6-8; Col 2:12-14; Lk 11:1-13

The mystery of prayer, as Jesus reveals to His disciples in this week's Gospel, is the living relationship of beloved sons and daughters with their heavenly Father. Through the Spirit given to us in Baptism, we can cry to Him as "Abba, Our Father!"



AUGUST 2019

XX

AUGUST IS DEDICATED TO:

The Immaculate Heart of Mary.

HOLY FATHER'S PRAYER INTENTIONS FOR AUGUST 2019 -

EVANGELIZATION: That families, through their life of prayer and love, become ever more clearly "schools of true human growth".

AUGUST 2019: FOCUS OF THE LITURGY -

18TH SUNDAY OF ORDINARY TIME

Eccl 1:2; 2:21-23 Ps 90:3-4, 5-6, 12-13, 14, 17; Col 3:1-5, 9-11; Lk 12:13-21

Jesus calls the rich man a "fool" - a word used in the Old Testament for someone who rebels against God or has forgotten Him. The rich man's anxiety and toil expose his lack of faith in God's care and provision. This is the greed that Jesus warns us against in this week's Gospel.

THE TRANSFIGURATION OF THE LORD

Dan 7:9-10, 13-14; Ps 97:1-2, 5-6, 9; 2 Pet 1:16-19; Lk 9:28-36

His clothes dazzling white, Jesus is the Son of Man whom Daniel foresees being enthroned. Jesus as "the new Moses" will establish a new and eternal covenant through His own sacrificial Death and Resurrection.

19TH SUNDAY OF ORDINARY TIME

Wis 18:6-9; Ps 33:1,12,18-22; Heb 11:1-2, 8-19; Lk 12:35-40

The Readings remind us of our need for a lively faith and hope in the things to come. The faith of Abraham and Sarah is blessed by God because they were searching for a better and heavenly home.

THE ASSUMPTION OF THE BLESSED VIRGIN MARY

Rev 11:19, 12:1-6, 10; Ps 45:10, 11, 12, 16; 1 Cor 15:20-27; Lk 1:39-56

St. Paul reminds us of the passage from death to new life, first achieved in the human life of Christ. The Church declares that Mary, in virtue of her fullness of grace, after her earthly existence, has already followed her Son, body and soul, into glorious life, and so will all those "who belong to Him."

20TH SUNDAY OF ORDINARY TIME

Jer 38:4–6, 8–10; Ps 40:2–4, 18; Heb 12:1–4; Lk 12:49–53

Jesus uses the image of fire to describe the demands of discipleship. He has filled us with the fire of the Holy Spirit in Baptism. To be a disciple is to be inflamed with the love of God, and might even mean division and hardship.

21ST SUNDAY OF ORDINARY TIME

Is 66:18-21; Ps 117:1, 2; Heb 12:5-7, 11-13; Lk 13:22-30

We are warned in the Gospel against presumption and the idea of easy salvation. Jesus is "the narrow gate," the only way of salvation, to enter the Kingdom of the Father.



SEPTEMBER 2019

Siller

1	Sun	22 nd Sunday of Ordinary Time		
2	Mon	22 nd Week of Ordinary Time, Psalter Week 2		
3	Tue	St. Gregory the Great, Pope and Doctor, memorial		
5	Thu	St. Teresa of Calcutta, memorial		
8	Sun	23 rd Sunday of Ordinary Time		
9	Mon	Twenty Third Week of Ordinary Time, Psalter Week 3		
12	Thu	The Most Holy Name of Mary, memorial		
14	Sat	The Exaltation of the Cross, Feast		
15	Sun	24 th Sunday of Ordinary Time, Psalter Week 4		
16	Mon	SS. Cornelius, Pope, and Cyprian, Bishop, Martyrs, memorial		
17	Tue	St. Robert Bellarmine, Bishop and Doctor, memorial		
21	Sat	St. Matthew, Apostle and Evangelist, feast		
22	Sun	25 th Sunday of Ordinary Time		
23	Mon	St. Pius of Pietrelcina, Priest, memorial, Psalter Week 1		
26	Thu	SS. Cosmas and Damian, Martyrs, memorial		
28	Sat	SS. Lawrence Ruiz and Companions, Martyrs, memorial		
29	Sun	26 th Sunday of Ordinary Time, Psalter Week 2		
30	Mon	St. Jerome, Priest and Doctor, memorial		

SEPTEMBER IS DEDICATED TO:

The Holy Cross and Our Lady of Sorrows.

HOLY FATHER'S PRAYER INTENTIONS FOR SEPTEMBER 2019 -

UNIVERSAL: That politicians, scientists and economists work together to protect the world's seas and oceans.

SEPTEMBER 2019: FOCUS OF THE LITURGY -

22ND SUNDAY OF ORDINARY TIME

Sir 3:17-18, 20, 28-29; Ps 68:4-7,10-11; Heb 12:18-19, 22-24; Lk 14:1, 7-14

The Lord promises that if we are humble, we will be exalted and find favor with God; that if we are kind to those who can never repay us, we will atone for sins and find blessing in the resurrection of the righteous.

23RD SUNDAY OF ORDINARY TIME

Wis 9:13-18; Ps 90:3-6, 12-17; Philemon 1:9-10, 12-17; Lk 14:25-33

It will often be difficult to understand and grasp the demands of discipleship. God will make demands on us if we are going to follow Him in truth.

THE EXALTATION OF THE CROSS

Num 21:4-9; Ps 78:1-2, 34-35, 36-37, 38; Phil 2:6-11; Jn 3:13-17

The ways of salvation established by God are mysterious – gazing on a bronze serpent, or on a man crucified – but they are the only way. What is responsible for our salvation is not the cross itself, but the obedience of the One hanging on it, and the Father's merciful love in giving up His only Son.

24TH SUNDAY OF ORDINARY TIME

Ex 32:7-11, 13-14; Ps 51:3-4, 12-13, 17, 19; 1 Tim 1:12-17; Lk 15:1-10

Jesus tells parables to certain judgmental people why He, Jesus, welcomes sinners and dines with them. In doing so, He is expressing the mercy of God. Saint Paul, who receives God's mercy, uses his experience as an example for potential believers.

25TH SUNDAY OF ORDINARY TIME

Amos 8:4-7; Ps 113:1-2, 4-6, 7-8; 1 Tim 2:1-8; Lk 16:1-13

No one can serve two masters; for either he will hate one and love the other, or else he will be devoted to one and despise the other. One cannot serve God and wealth.

26TH SUNDAY OF ORDINARY TIME

Amos 6:1, 4-7; Ps 146:6-10; 1 Tim 6:11-16; Lk 16:19-31

The rich and powerful are visited with woe and exile - not for their wealth but for their refusal to share it and for their indifference to the suffering around them. Today's Liturgy is a call to repentance - we must pursue righteousness and keep the commandment of love, as Paul exhorts in today's Epistle.





1	Tue	St. Thérèse of the Child Jesus, Patroness of the Missions, mem.			
2	Wed	The Holy Gardian Angels, memorial			
6	Sun	27 th Sunday of Ordinary Time Psalter Week 3			
7	Mon	Our Lady of the Rosary, memorial, feast of the Parish of Qatar			
9	Wed	SS. Denis, Bishop, and Companions, Martyrs, memorial			
10	Thu	St. Daniel Comboni (Feast of the Parish of Jleeb al-Shuyoukh,			
13	Sun	28 th Sunday of Ordinary Time, Psalter Week 4			
14	Mon	St. Callistus I, Pope and Martyr, memorial			
15	Tue	St. Teresa of Jesus, Virgin and Doctor, memorial			
16	Wed	St. Margaret Mary Alacoque, Virgin, memorial			
17	Thu	St. Ignatius of Antioch, Bishop and Martyr, memorial			
19	Sat	St. Paul of the Cross, Priest, memorial / * /			
20	Sun	29 th Sunday of Ordinary Time, <i>Psalter Week</i> 1 / * /			
22	Tue	St. John Paul II, Pope, memorial			
24	Thu	St. Arethas and Companions, Martyrs, memorial			
27	Sun	30 th Sunday of Ordinary Time, Psalter Week 2			
28	Mon	SS. Simon and Jude, Apostles, feast			
31	Thu	Vespers I of the following Solemnity			

• Collection for the Missions

OCTOBER IS DEDICATED TO:

The Guardian Angel and The Holy Rosary.

HOLY FATHER'S PRAYER INTENTIONS FOR OCTOBER 2019 -

EVANGELIZATION: That the breath of the Holy Spirit engender a new missionary "spring" in the Church.

OCTOBER 2019: FOCUS OF THE LITURGY -

27TH SUNDAY OF ORDINARY TIME

Habak 1:2-3;2:2-4; Ps 95:1-2,6-9; 2 Tim 1:6-8,13-14; Lk 17:5-10

If we call on the Lord, as the Apostles do in today's Gospel, He will increase our faith. He will provide what we need to bear our crosses. Our task is to continue doing what He has commanded - to love and to build up His Kingdom.

28TH SUNDAY OF ORDINARY TIME

2 Kgs 5:14-17; Ps 98:1-4; 2 Tim 2:8-13; Lk 17:11-19

A foreign leper is cleansed, and in thanksgiving returns to offer homage to the God of Israel. We hear this in two Readings today. We are shown how faith and thanksgiving have been made the way to salvation. The Greek word used to describe his "giving thanks" is the word we translate as "Eucharist."

29TH SUNDAY OF ORDINARY TIME

Ex 17:8-13; Ps 121:1-8; 2 Tim 3:14-4:2; Lk 18:1-8

The Lord is our Guardian, interceding for us at all times. In today's Psalm, we are told to lift our eyes to the mountains, that, our help will come from Mount Zion and the Temple - the dwelling of the Lord who made heaven and earth. We must persist in prayer and not be wearied by our trials, so that when the Son of Man comes again in kingly power, he will find faith on earth.

30TH SUNDAY OF ORDINARY TIME

Sir 35:12-14, 16-18; Ps 34:2-3,17-19, 23; 2 Tim 4:6-8,16-18; Lk 18:9-14

Jesus warns in today's parable about the Pharisee and the Publican, that, God cannot be bribed or impressed - even with good deeds. Paul tells us what the Psalmist sings today - that the Lord redeems the lives of His humble servants.

NOVEMBER 2019

1	Fri	ALL SAINTS, Solemnity. Evening prayer II of All Saints			
2	Sat	ALL SOULS, Mass of All Souls Day. Divine Office of the Dead			
3	Sun	31 st Sunday of Ordinary Time, Psalter Week 3			
4	Mon	St. Charles Borromeo, Bishop, memorial			
9	Sat	The Dedication of the Lateran Basilica, feast			
10	Sun	32 nd Sunday of Ordinary Time, Psalter Week 4			
11	Mon	St. Martin of Tours, Bishop, memorial			
12	Tue	St. Josaphat, Bishop and Martyr, memorial			
17	Sun	33 rd Sunday of Ordinary Time, Psalter Week 1			
18	Mon	The Dedication of the Basilicas of St. Peter & St. Paul, mem.			
21	Thu	Presentation of the Blessed Virgin Mary, memorial			
23	Sat	St. Clement I, Pope and Martyr, memorial			
24	Sun	Our Lord Jesus Christ, King of the Universe, Solemnity			
25	Mon	SPIRITUAL RETREAT OF ALL THE PRIESTS			
26	Tue	SPIRITUAL RETREAT OF ALL THE PRIESTS			
27	Wed	SPIRITUAL RETREAT OF ALL THE PRIESTS			
28	Thu	SPIRITUAL RETREAT OF ALL THE PRIESTS			
29	Fri	1 ST Sunday of Advent Year A / */			
30	Sat	St. Andrew, Apostle, Feast			

*The Apostles' Creed is said.

NOVEMBER IS DEDICATED TO:

The Holy Souls in Purgatory.

HOLY FATHER'S PRAYER INTENTIONS FOR NOVEMBER 2019 -

UNIVERSAL: That a spirit of dialogue, encounter, and reconciliation emerge in the Near East, where diverse religious communities share their lives together.

HOLY FATHER'S PRAYER INTENTIONS FOR DECEMBER 2019 -

UNIVERSAL: That every country determine to take the necessary measures to make the future of the very young, especially those who suffer, a priority.

NOVEMBER 2019: FOCUS OF THE LITURGY -

ALL SAINTS

Rev 7:2-4, 9-14; Ps 24:1-2, 3-4, 5-6; 1 Jn 3:1-3; Mt 5:1-12

The Beatitudes are Our Lord's clear teaching on the right dispositions for anyone who aspires to the Kingdom of Heaven.

ALL SOULS

Job 19:1, 23-27; 1 Cor 15:20-23; Jn 12:23-26 / Or other chosen Readings Anyone who hates his life in this world will keep it for eternal life.

31ST SUNDAY OF ORDINARY TIME

Wis 11:22-12:2; Ps 145:1-2, 8-11, 13-14; 2 Thes 1:11-2:2; Lk 19:1-10

By his faith, Zacchaeus is justified. By his humility, he is exalted.

THE DEDICATION OF THE LATERAN BASILICA

Ez 47:1-2, 8-9, 12; Ps 46:2-3, 5-6, 8-9; 1 Cor 3:9-11, 16-17; Jn 2:13-22

The temple is a symbol of the Church, built by God with "living stones," namely, Christians, upon the one foundation of Christ, the "cornerstone".

32ND SUNDAY OF ORDINARY TIME

2 Mac 7:1-2, 9-14; Ps 17:1,5-6,8,15; 2 Thes 2:16-3:5; Lk 20:27-38

God is faithful to His human creatures. Being created in His image and likeness, they are immortal. By grace, He makes them His children.

33RD SUNDAY OF ORDINARY TIME

Mal 3:19-20; Ps 98:5-9; 2 Thes 3:7-12; Lk 21:5-19

Jesus cautions us not to be deceived by those claiming "the time has come."

OUR LORD JESUS CHRIST KING OF THE UNIVERSE

2 Sam 5:1-3; Ps 122:1-5; Col 1:12-20; Lk 23:35-43

St. Paul speaks of Jesus Christ's universal Kingdom and in particular, the forgiveness of sin by His death on the cross.

FIRST SUNDAY OF ADVENT (YEAR A)

Is 2:1-5; Ps 122:1-9; Rom 13:11-14; Mat 24:37-44

The liturgy calls us to be prepared for Our Lord's coming into the world. His arrival pertains to Christmas, as well as to the moment of our death. In both cases it is a herald of hope and of judgment.

REGULATIONS ON FAST, ABSTINENCE AND FEASTS FOR THE APOSTOLIC VICARIATE OF NORTHERN ARABIA

1990 A

- **1. Fast and abstinence** are prescribed for Ash Wednesday and Good Friday, limited to the ages from 21 to 60.
- 2. Abstinence is prescribed as a general rule for every Friday in Lent, applicable to the age of 14 onwards. But for particular circumstances in our Vicariate, abstinence is to be observed on the Wednesdays of Lent. Out of devotion, abstinence may be observed every Wednesday during the year.
- **3.** Eucharistic Fast: The faithful must abstain from solids and liquids for one hour before receiving Holy Communion. This regulation is applicable to Masses celebrated in the morning, afternoon, evening or at midnight. Water does not break the fast. Those who are sick, even though not confined to bed, may take any liquid or food as well as medicines at any time before Holy Communion.

ON FRIDAYS (MORNING AND EVENING) AND SATURDAYS (EVENING ONLY) THE HOLY MASS IS THAT OF THE FOLLOWING SUNDAY, UNLESS OTHERWISE NOTED.

4. Feasts of Obligation:

- a. Fridays(all Masses), Sundays(all Masses), Saturday evenings
- **b.** Christmas (25th December)
- c. Solemnity of Mary Mother of God (January 1^{st)}
- d. Solemnity of Our Lady of Arabia, Patroness of both the Vicariates in the Gulf (Second Sunday of Ordinary Time)
- e. Feast of St. Thomas, 3rd July (obligation is only for the Syro-Malabar Rite)
- **f.** Assumption of the Blessed Virgin Mary, 15th August
- **g.** Nativity of the Blessed Virgin Mary, 8th September (obligation is only for the Syro-Malankara Rite)

5. Feasts of Devotion:

- **a.** St. Joseph, 19th March
- **b.** St. Mark the Evangelist, 25th April (for the Coptic Rite)
- c. Saints Peter and Paul, 29th June
- d. All Saints Day, 1st November
- e. All Souls Day, 2nd November
- f. Immaculate Conception, 8th December

6. Feasts transferred to the following Friday or Sunday:

- a. Epiphany
- b. Corpus Christi
- c. Ascension
- **d.** St. Maroun, 9th February

7. Feasts of the Parishes

- a. Holy Family Cathedral, Kuwait: Sunday after Christmas
- **b.** Parish of Our Lady of Arabia, Ahmadi, Kuwait: Second Sunday of Ordinary Time
- c. Parish of Saint Thérèse of the Child Jesus, Salmiya, Kuwait: 1 October
- **d.** Parish of Saint Daniel Comboni, Jleeb al-Shuyoukh, Kuwait: 10 October
- e. Mission of Saint John Bosco Mission, Jahra, Kuwait: 31 January (this Mission is temporarily closed.)
- f. Parish of Our Lady of the Holy Rosary, Qatar: 7 October
- **g.** Parish of Sacred Heart of Jesus, Bahrain: Friday following the Solemnity of Corpus Christi.
- Mission of Our Lady of the Visitation, Awali, Bahrain: 31 May
- i. Parish of Saint Arethas: 24 October
- j. Parish of St. Joseph: 19 March
- **k.** Parish of Our Lady of Fatima: 13 May
- I. Parish of Our Lady of Arabia: Second Sunday of Ordinary Time.

DAYS ON WHICH SPECIAL COLLECTIONS ARE TO BE MADE IN ALL THE CHURCHES OF THE VICARIATE:

- 1. Epiphany for the Holy Childhood
- 2. Good Friday for the Holy Land
- 3. Sts. Peter & Paul for Peter's Pence
- 4. Mission Sunday for the Propagation of the Faith



SEASONS OF THE LITURGICAL YEAR

Sales.

The Liturgical Year consists of six liturgical seasons: Advent, Christmas, Ordinary Time after Epiphany, Lent (& Triduum), Easter, and Ordinary Time after Pentecost. Seasons begin or end based on a movable feast and so some seasons vary in length from year to year, and vary according to the dates of the calendar.

ADVENT (a season of four weeks), is the time of preparation for both the celebration of Jesus' birth and His Second Coming. This season lasts until 24 December (Christmas Eve).

CHRISTMASTIDE follows, beginning with First Vespers of Christmas on the evening of 24 December and ending with the Feast of the Baptism of the Lord (Sunday after January 6).

ORDINARY TIME I or TIME AFTER EPIPHANY, extends from the day following the Feast of the Baptism of Christ until the day before Ash Wednesday. It contains anywhere from three to eight Sundays, depending on when Easter falls. (There are 2 periods of Ordinary Time in the year. These are the common weeks which do not belong to a proper season.)

LENT is a major penitential season of preparation for Easter. It begins on Ash Wednesday, which occurs between February 4 and March 11, and lasts for forty days, since the six Sundays within the season are not counted. Ash Wednesday is 46 days before Easter Sunday. The week before Easter is called "Holy Week" and opens with Passion or Palm Sunday, recalling Jesus' triumphant entry into Jerusalem.

EASTER TRIDUUM in Holy Week begins with evening Mass of the Lord's Supper and ends with Evening Prayer on Easter Sunday. In this period we celebrate Maundy Thursday (Mass of the Lord's Supper and the Commemoration of Holy Orders and the Chrism Mass in the morning), Good Friday (Commemoration of the Passion of the Lord) and Holy Saturday (the day during which Christ lay in the tomb). The Easter Vigil is held on the night between Holy Saturday and Easter Sunday. The central celebration of the Easter Triduum is the key to the liturgical calendar as it commemorates the supreme saving act of Jesus in His death and resurrection to which all other observances and acts of worship are related.

EASTER is the celebration of Jesus' resurrection. The date of Easter varies from year to year and occurs between March 22 and April 25. Beginning with Easter Sunday, the Church celebrates an Octave (8 days) of the Resurrection – Easter Monday, Easter Tuesday, etc. Each day of the Octave is a Solemnity, in essence, an extension of Easter Sunday. The Second Sunday of Easter is called Mercy Sunday. The Easter Season extends from the Easter Vigil through Pentecost Sunday, which is the fiftieth and last day of the Easter season. It celebrates the sending of the Holy Spirit to the Apostles, which marks the birth of the Church.

ORDINARY TIME II or TIME AFTER PENTECOST – follows the Easter season and the feasts of Easter, Ascension, and Pentecost resumes on Pentecost Monday. It ends on the Saturday before the First Sunday of Advent. Important Feasts during this season include: Trinity Sunday; Corpus Christi; Feast of the Sacred Heart of Jesus and Feast of Christ the King.



The Sunday Cycle is 3-yearly and denoted by the letters A, B and C. 2011 was Year A, 2012 was Year B, 2013 was Year C, etc. The year of the cycle changes on the First Sunday of Advent which is the beginning of the liturgical year. Each year follows through one of the Gospels: A-Matthew, B-Mark, C-Luke. The Gospel of John is proclaimed on particular Sundays in each of the years.

Weekdays in Ordinary Time follow a 2 year cycle numbered I and II. Year I is read in odd number years such as 2011, 2013, 2015, etc. Year II is read in even years such as 2010, 2012, 2014, etc.



SOLEMNITIES, FEASTS AND MEMORIALS

Sides

Liturgical celebrations enhance the richness of the Church's calendar as the Church attempts to live out the mystery of Christ and salvation history within the year. Additionally the Church commemorates the lives of the Saints by designating certain days of the year to remember them. These days are both an act of remembrance, as well as a way to instruct the faithful by making the calendar reflect the life of Christ.

From our common understanding of liturgical celebrations, we know that there are three kinds that are possible in the Church: solemnities, feasts and memorials. The difference between the three categories resides in their importance, which in turn is reflected in the presence or absence of different liturgical elements.

SOLEMNITIES:

A solemnity is the highest rank of celebration in the Church calendar and is usually reserved for the most important mysteries of faith which include Easter, Ascension, Pentecost, Holy Trinity, Corpus Christi, Assumption, Immaculate Conception, Christmas, Mary Mother of God, Epiphany and the Annunciation; also, the principal titles of Our Lord, such as Christ the King and Sacred Heart; and celebrations that honour All Saints (Nov 1) and some saints of particular importance, such as St. Joseph, Sts. Peter and Paul, and St. John the Baptist on his day of birth.

Solemnities are like Sundays having the same basic elements of celebration: three readings, prayer of the faithful, the Gloria and Creed which are recited even when the solemnity occurs during Advent or Lent. It also has proper prayer formulas exclusive to the day: Entrance antiphon, Opening prayer, Prayer over the gifts, Communion antiphon, and Prayer after Communion. In most cases it also has a particular preface. Solemnities begin with evening prayer (Vespers) the night before, unlike other liturgical days, which begin at midnight.

Some solemnities are holy days of obligation, but these vary from country to country. Some solemnities have a fixed date on which they are celebrated, such as Christmas. Other solemnities are moveable, such as Easter. A solemnity is celebrated if it falls on a Sunday of Ordinary Time or Christmastide, but it is usually transferred to the following Monday if it falls on a Sunday of Advent, Lent or Easter, or during Holy Week or the Easter octave.

There are also special solemnities, which are observed in particular places or in particular religious orders, for instance, when a parish celebrates the feast of its patron or titular Saint.

FEASTS:

Feasts are celebrations next in rank. A feast honors a mystery or title of the Lord, of Our Lady, or of Saints of particular importance such as the Apostles, Evangelists and the Archangels. Feasts have only two readings and the Gloria, but not the Creed. All feasts, except that of the Holy Family (Sunday after Christmas), are fixed in date. The "feasts of the Lord" take precedence over Sundays of Christmas and Ordinary Time, but the feasts of the Blessed Virgin Mary do not. All feasts take precedence over all weekdays except Ash Wednesday, weekdays of Holy Week (including the Triduum) and days within the octave of Easter.

MEMORIALS:

A memorial is a feast day of relatively low importance. A memorial is usually a commemoration of a Saint, but it may also celebrate some aspect of the Lord or of Mary, such as the optional memorial of the Holy Name of Jesus or the obligatory memorial of the Immaculate Heart of Mary. The Gloria is not said on these days. Memorials have only two readings and some "proper" prayers for the individual Saint or the occasion. Some Saints do not have specific prayers. There are generic prayers written for each category of Saint being honored in a memorial. These generic prayers are known as the "common" for the occasion. Such Saints will usually fall into the category of pope, bishop, priest, religious, virgin or martyr.

Memorials are fixed in date. Memorials can be either obligatory or optional. Obligatory memorials must be observed. Optional memorials may be observed. An optional memorial is the lowest in rank of celebration. The priest is permitted to celebrate a feast day that does not appear in his local calendar out of personal devotion to the Saint, as long as no feast of higher rank is anticipated for that day.



MOVEABLE FEASTS

A moveable feast is a feast day whose date changes each year because it depends on the date of Easter, which is itself a moveable feast.

However, the term moveable feast is used for any event on, or related to, the Christian calendar that varies from year to year. Thus the Baptism of the Lord, while not related to the date of Easter, is celebrated on a different date each year, and Mardi Gras or Shrove Tuesday, while not officially a Christian celebration, is linked to the date of Easter, and both are referred to as moveable feasts.

MOVEABLE FEASTS OF THE LITURGICAL CALENDAR

Ash Wednesday Palm Sunday Holy Thursday Good Friday Solemnity of Easter Ascension Solemnity of Pentecost Trinity Sunday Corpus Christi Solemnity of the Sacred Heart Immaculate Heart of the Blessed Virgin Mary Solemnity of Christ the King Feast of the Holy Family of Our Lord Baptism of Our Lord Jesus Christ



DATES OF ASH WEDNESDAY AND EASTER

Staller

YEARS OF CURRENT INTEREST

CALENDAR YEAR	ASH WEDNESDAY	EASTER SUNDAY
2019	March 6	April 21
2020	February 26	April 12
2021	February 17	April 4
2022	March 2	April 17
2023	February 22	April 9
2024	February 14	March 31
2025	March 5	April 20
2026	February 18	April 5

This Liturgical Calendar is meant to supplement the Liturgical Ordo used in the Parishes of the Apostolic Vicariate of Northern Arabia (Bahrain, Kuwait, Qatar and Saudi Arabia), for consultation on obligatory celebrations and those proper to the Vicariate.

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COVER PICTURE: Suffering and Grace at the Foot of the Cross:

The Crucified Christ with the Virgin, Saint John and Mary Magdalene by Anthony van Dyck (1617 - 1619)