

JUBILEE OF ST. ARETHAS

"Whoever wishes to come after me must deny himself, take up his cross, and follow me." (Mt. 16:24)



WAYS TO GAIN INDULGENCE
DURING THE EXTRAORDINARY
JUBILEE OF ST. ARETHAS

The Extraordinary Jubilee of St. Arethas and Companions is a joyful occasion for the Church in the Arabian Peninsula to honor the martyrdom of Arab saints and to get to know them more. But it also presents another opportunity, and one with eternal consequences.

At the request of H.E. Bishop Aldo Berardi, O.S.S.T., and H.E. Bishop Paolo Martinelli, OFM Cap., the Apostolic Penitentiary of the Holy See has granted a Plenary Indulgence, in order to foster the devotion of the faithful and the salvation of souls.



What is an Indulgence?

The Catechism of the Catholic Church defines indulgence as:

"A remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under

certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and all of the saints."

To better grasp this rather technical definition, we need to understand that when a person commits sin, two things happen (among others):

1. Our relationship with God is broken
2. Our soul is wounded, its good order is damaged

The Sacrament of Penance or Confession restores our broken relationship with God, and therefore we are no longer separated from Him – a state of separation that would have meant to suffer the pains of hell ("eternal punishment"). However, God leaves the soul wounded even after confession, and it is up to us to heal the wounds caused by sin, through our good works throughout our lifetime. This is the "temporal punishment".

But sometimes – or perhaps oftentimes – our good works are not good enough. That is why souls end up in Purgatory so that the purification process can be completed there before being admitted into Heaven.



HOW TO GET
A PLENARY INDULGENCE
FOR YOURSELF -OR- FOR A
DECEASED PERSON
IN THREE EASY STEPS

TREASURY OF MERITS

God understands our situation, and so He directs the Church to assist us in restoring the perfect order of our souls. Therefore in addition to our good works, He orders the Church to make available during certain times like the Jubilee the use of the Treasury of the good works of Christ, the Virgin Mary and the Saints, to cancel or reduce the temporal punishments.

This is Indulgence, of which there are two degrees: Partial Indulgence when the temporal punishments are only reduced; and Plenary Indulgence when all punishments are canceled or remitted.

Indulgence may be applied to oneself or offered to the souls in Purgatory. Note however that indulgences only remove the punishment of sin; they do not forgive the sins themselves.

JUBILEE INDULGENCE

In this Jubilee, we thank God for the grace of obtaining indulgences, especially drawing from the good works of the martyrs. We can receive this extraordinary gift either by pilgrimage to the saints' place of martyrdom, or by pilgrimage to the Cathedral of Our Lady of Arabia or the Holy Family Co-Cathedral, solemnly entering the Holy Door.

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TRUE REPENTANCE AND CHARITY
FREE OF ATTACHMENT TO SIN

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THREE CONDITIONS:
CONFESSION
COMMUNION
PRAY FOR THE INTENTIONS OF
THE POPE

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PILGRIMAGE TO THE PLACE OF
MARTYRDOM
OR
SOLEMN PILGRIMAGE
TO THE CATHEDRAL OF
OUR LADY OF ARABIA OR THE
HOLY FAMILY CO - CATHEDRAL,
THROUGH THE HOLY DOOR